

TECHGNOSIS Protocol

1. Map the Loop: Identify trigger–response wiring via systems audit.
2. Induce Receptive State: Use hypnosis to bypass the critical factor and access the theta learning bar.
3. Recode Associations: Combine NLP and suggestion to install adaptive neural pathways.
Neuroimaging shows hypnosis reduces connectivity in the default mode network and is effective for
4. Integrate & Measure: Provide audio reinforcement and weekly checkpoints.
Surveys of practitioners report high effectiveness for stress reduction, well-being and confidence app

Private sessions in Salt Lake City. Virtual available.

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